

Compassionate Ocean Zen Center

652 17th Ave. NE • Minneapolis, MN 55413

November, 2021

All we have to do is just live day by day. How we live is the most important thing. Practice is nothing but giving, day by day....The purpose of human life is just to plant good seeds day by day, that is enough. If we do this, we create human culture, not only for us and the people around us, but for people from generation to generation.

—Dainin Katagiri Roshi

Dear Friend,

Katagiri Roshi shared this insight decades ago, but what an important message it is for us now.

As we approach the end of a second year of living with large-scale uncertainty—a pandemic that continues to ravage lives, political confrontations that morph into enmity and violence, economic instability, and an unfolding climate crisis—many of us are feeling weary and demoralized.

In the midst of all this, Compassionate Ocean continues to put into practice the way Katagiri Roshi describes, providing support for a community to plant good seeds together, day by day.

Throughout 2021 Compassionate Ocean has continue to offer Mindfulness-Based Stress Reduction classes, Buddhist Studies classes, weekly meditation and Dharma talks, and daily mediation sessions—all on Zoom, in response to conditions brought on by the pandemic. In addition, we invested in the Center's future by hiring a talented Administrative Director who, every day, strengthens our ability to be of service.

We are so grateful for your past generosity, which has made all of this possible. Thanks to you, the Center received \$23,000 for our Year-end Appeal in 2020. These funds, along with membership, other donations, program fees, and assistance from the Federal government through the Payroll Protection Plan, made it possible for us to energetically continue throughout 2021 without disruption.

Now, as we come to the end of one year and the start of a new one, we ask for your support. Our goal is to raise \$25,000 by year-end to provide a stable basis for the Center's continuation. So far in 2021, our contributions and program fees are down compared to last year. Our plan for the new year is to continue to offer programming on Zoom, with an option for in-person activities as health conditions permit.



This year-end fundraising will provide support for our dedicated Guiding Teachers and Administrative Director, as well as for program, building, and administrative expenses. **If you are able, please consider making a donation at this time to our Year-End Appeal.** Donations of every amount are welcomed and much appreciated.

Your donation can be mailed in the enclosed return envelope, or you can contribute online at www.OceanZen.org.

Thank you for being part of the Compassionate Ocean community; together we are nurturing a beautiful garden.

With palms together,

Handwritten signature of Ramona Advani in blue ink.

Ramona Advani
Co-Chairs, Board of Directors

Handwritten signature of Mark Ostrander in blue ink.

Mark Ostrander