

Early Fall 2019 Compassionate Ocean Zen Center Registration Form

Name: _____

Address: _____

Email: _____

Telephone Numbers: Home (_____) _____ Cell (_____) _____

To register, please check the appropriate activities.

Unless otherwise indicated all events will take place at Compassionate Ocean Zen Center, 652 17th Avenue NE, Minneapolis, MN 55413.

Total Dynamic Living—Introductory Program in Mindfulness

(\$25 deposit; \$295 + \$35 materials fee)

- ┆ Minneapolis, Tuesday evenings, Sept. 24 – Nov. 12, 6:30—9:00 P.M. (#601)
- ┆ St. Paul, Thursday evenings, Sept. 26 – Nov. 14, 6:30—9:00 P.M. (#282) – *Clouds in Water Zen Center (445 Farrington St., St Paul, MN 55103)

Total Dynamic Living: One–Day Retreat

(by donation for program alumni)

- ┆ Saturday, Nov. 9, 9:00 A.M.—3:00 P.M.

Buddhist Studies Class

\$185 (members \$165) (includes course text)

- ┆ The Bodhisattva Path: The Six Paramitas
Wednesday evenings, Sept. 25 – Nov. 13, 7:00 P.M.—9:00 P.M. (eight sessions)
(#B91)

For a Future to Be Possible

(There are no fees, but sign up in advance by emailing the Center at admin@OceanDharma.org)

- ┆ Friday, Sept. 27, 6:00 P.M. Potluck, 7:00 P.M. Presentation and Discussion

Enrollment for these activities is limited, and early registration is encouraged.

To register, send this form along with the nonrefundable deposit listed (payable to Compassionate Ocean) to:

Compassionate Ocean Zen Center
652 17th Ave. NE
Minneapolis, MN 55413

Or register online on our website, www.OceanDharma.org.

Please call or email if you have questions; (612) 781-7640 or admin@OceanDharma.org.